



Japan International Open Water Swimming Association presents

1st Yokosuka Open Water Swim Race

Date: 22.Sunday.June.2014

Race Events: The Yokosuka Open Water Swim will consist of three individual events and one relay. The race will use a beach start and beach finish. The course will be (triangular or lined) marked with orange buoys.

Location: The race will take place at **Nagahama Beach, Yokosuka City, Kanagawa, Japan**

Eligibility:

The race is open to all swimmers. You must be in good health and have some swimming experience in order to participate.

Registration and Entry Fees:

Individual **500m: 3,000JYE 1km: 5,000JYE 3km: 8,000JYE**

Relay **500mx4=2km 8,000JYE(as a team)**

Entries must be received by 16.May.2014 to ensure entry.

Late entries have 1000 yen surcharge. (2,000yen surcharge at Relays) from 17.May to 11.June

Age Category: Age for the meet is determined as of 31.Dec.2014

Individual: under18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, over80 male and female.

Relays: Relays are 2000meters and will use the combined age of all four swimmers
119 under, 120-159, 160-199, 200-239, 240 & above.

Award

- (1) All the competitors will be given the certified diploma with her/his time record.
- (2) Medals will be awarded for first to third place in each age group for individual events. For relays, medals will be awarded to each member of the relay team for first to third place in each age group.

Schedule:

■ 22.June(Sun) at: Nagahama Beach Yokosuka City

08:00-09:30	Registration
09:30-10:00	Warm-up
10:30-10:45	Opening Ceremony
11:00~	500m•1km Start
12:00~	3km Start
13:30	Relay Start
14:45-15:00	Award Ceremony



Rules:

- All swimmers must swim the prescribed course.
- All swimmers must wear their prescribed cap, race number.
- A swimmer may not use extraneous aids e.g. flippers, snorkels or floatation clothing devices (including wetsuits) if they wish to be eligible for a prize.
- If the water temperature is 18C or below on the day of The Swim the Race Referee will permit the wearing of wetsuits. This will not preclude swimmers from prize eligibility.
- If in the opinion of the Race Referee the weather or swimming conditions are dangerous or unsuitable The Swim may be cancelled without notice
- The decision of the Race Referee is final. Any protests must be made in writing to the Race Referee within 30 minutes of the completion of The Swim

Race is conducted by **JOWSA**, Japan International Open Water Swimming Association, the leader in Japan open water swimming.

Please visit our website for the latest open water information. www.openwater.jp.

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