



Japan International Open Water Swimming Association presents  
**28<sup>th</sup> Atami Open Water Swim Race**  
**Japan Grandprix**  
**Date: 11.SEP.2022**

**Race Events:** The Atami Open Water Swim will consist of four individual events and one relay. The race will use a beach start and beach finish. The course will be (triangular or lined) marked with orange buoys.

**Location:** The race will take place at **Nagahama Beach ,Atami City ,Shizuoka ,Japan**

**Eligibility:**

The race is open to all swimmers. You must be in good health and have some swimming experience in order to participate.

**Registration and Entry Fees:**

Individual **500m: 4,000JYE 1.5km: 7,000JYE 3km: 8,500JYE**

Relay **400mx4=1.6km 10,000JYE(as a team)**

**Entries must be received by 24.Jun.2022 to ensure entry.**

Late entries have 1000 yen surcharge.(2,000yen surcharge at Relays)from 11.Jun to 24.Jun.

**Age Category: Age for the meet is determined as of 31.Dec.2022**

**Individual: under18, 19-29, 30-39, 40-49, 50-59, 60-69,70 -79,over80 male and female.**

**Relays:** Relays are 1600meters and will use the combined age of all four swimmers

**119 under, 120-159, 160-199, 200-239, 240 &above.**

**Award**

- (1) All the competitors will be given the certified diploma with her/his time record.
- (2) Medals will be awarded for first to third place in each age group for individual events. For relays, medals will be awarded to each member of the relay team for first to third place in each age group.

**Schedule:**

■06.SEP(Sun) at: Sun Beach Atami City

|               |                            |
|---------------|----------------------------|
| 08:00-09:30   | Registration               |
| 08:20-08:40   | Warm-up                    |
| 09:00-09:20   | Briefing                   |
| <b>09:30~</b> | <b>500m</b>                |
| <b>10:15~</b> | <b>1.5km&amp;3km Start</b> |
| <b>12:30</b>  | <b>Relay Start</b>         |
| 14:00         | Race Terminated            |



**Rules:**

- All swimmers must swim the prescribed course .
- All swimmers must wear their prescribed cap, race number.
- A swimmer may not use extraneous aids e.g. flippers, snorkels or floatation clothing devices (including wetsuits) if they wish to be eligible for a prize.
- If the water temperature is 18C or below on the day of The Swim the Race Referee will permit the wearing of wetsuits. This will not preclude swimmers from prize eligibility.
- If in the opinion of the Race Referee the weather or swimming conditions are dangerous or unsuitable The Swim may be cancelled without notice
- The decision of the Race Referee is final. Any protests must be made in writing to the Race Referee within 30 minutes of the completion of The Swim

Race is conducted by **JIOWSA**, Japan International Open Water Swimming Association, the leader in Japan open water swimming.

Please visit our website for the latest open water information. [www.openwater.jp](http://www.openwater.jp).

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